



# BEEF STROGANOFF

**Nutrition Facts Report**  
**Source:** Custom

**Yield:** 6 (1.000 serving(s))  
**No. Ingredients:** 9

**Category:** Basic Food  
**Manufacturer:** (None)

## Ingredients

- 2.000 T. All Purpose Wheat Flour, White, Bleached, Enriched
- 1.000 T. FRENCH'S Napa Valley Style Dijon Mustard
- 1.000 c. Sour Cream
- 2.000 T. Butter
- 2.000 lb. Beef Top Sirloin, Steak, Separable Lean and Fat, 1/4" Trim, Raw
- 1.000 c. Onions, Chopped
- 8.000 oz. Mushrooms
- 14.500 oz. Beef Broth or Bouillon, Canned, Ready to Eat
- 12.000 sl. Cobblestone Mill New York Style Jewish Rye Bread

## Nutrition Facts

Serving Size 1.00 serving(s) (355g)

Amount Per Serving			
<b>Calories</b> 594		<b>Calories from Fat</b> 222	
			% Daily Value
<b>Total Fat</b>	24.7g		38 %
Saturated Fat	11.0g		55 %
Trans Fat	0.0g		
<b>Cholesterol</b>	100.3mg		33 %
<b>Sodium</b>	886.1mg		37 %
<b>Total Carbohydrate</b>	36.7g		12 %
Dietary Fiber	2.9g		12 %
Sugars	4.9g		
<b>Protein</b>	38.1g		
Vitamin A	6 %	Calcium	7 %
Vitamin C	5 %	Iron	19 %

## Instructions