



BREAD & HONEY DESSERT

Nutrition Facts Report
Source: Custom

Yield: 6 (1.000 item(s))
No. Ingredients: 7

Category: Basic Food
Manufacturer: (None)

Ingredients

6.000 sl. Cobblestone Mill Sliced French Bread
0.250 c. Reduced Fat Milk, 2%
1.000 c. Honey
0.333 c. Lemon Juice
1.000 c. Heavy Whipping Cream, Liquid
2.000 T. White Granulated Sugar
1.000 t. Vanilla Extract

Nutrition Facts

Serving Size 1.00 item(s) (175g)

Amount Per Serving

Calories 465 **Calories from Fat** 144

% Daily Value

Total Fat 16.0g 25 %

Saturated Fat 9.3g 47 %

Trans Fat 0.0g

Cholesterol 55.6mg 19 %

Sodium 311.8mg 13 %

Total Carbohydrate 79.2g 26 %

Dietary Fiber 1.2g 5 %

Sugars 51.2g

Protein 6.4g

Vitamin A 12 % Calcium 4 %

Vitamin C 11 % Iron 9 %

Instructions