



BURGERS PARMIGIANA

Nutrition Facts Report
Source: Custom

Yield: 4 (1.000 item(s))
No. Ingredients: 7

Category: Basic Food
Manufacturer: (None)

Ingredients

1.000 lb. Ground Beef, 90% Lean Meat / 10% Fat, Raw
8.000 oz. HILLSHIRE FARM Fresh Italian Sausage, Zesty
0.500 c. Parmesan Cheese, Grated
3.000 T. FLEISCHMANN'S Balsamic Vinegar
1.000 T. MRS. DASH Italian Medley Seasoning
4.000 item CIABATTA BUN
0.500 c. BERNARDI Marinara Sauce (FS)

Nutrition Facts

Serving Size 1.00 item(s) (310g)

Amount Per Serving

Calories 727 **Calories from Fat** 336

% Daily Value

Total Fat 37.3g 57 %

Saturated Fat 15.1g 76 %

Trans Fat 0.7g

Cholesterol 120.8mg 40 %

Sodium 1485.7mg 62 %

Total Carbohydrate 48.6g 16 %

Dietary Fiber 2.3g 9 %

Sugars 9.8g

Protein 47.0g

Vitamin A 5 % Calcium 14 %

Vitamin C 1 % Iron 36 %

Instructions