



OLIVE-NUT SPREAD SANDWICHES

Nutrition Facts Report
Source: Custom

Yield: 16 (2.000 tablespoon(s))
No. Ingredients: 4

Category: Basic Food
Manufacturer: (None)

Ingredients

8.000 oz. Cream Cheese
0.500 c. Green Olives, Pimiento Stuffed
1.000 c. Pecans
1.000 T. Mayonnaise with Soybean Oil

Nutrition Facts

Serving Size 2.00 tablespoon(s) (26g)

Amount Per Serving

Calories 108 **Calories from Fat** 99

% Daily Value

Total Fat 11.0g 17 %

Saturated Fat 3.3g 17 %

Trans Fat 0.0g

Cholesterol 15.9mg 5 %

Sodium 112.0mg 5 %

Total Carbohydrate 1.7g 1 %

Dietary Fiber 0.8g 3 %

Sugars 0.8g

Protein 1.5g

Vitamin A 4 % Calcium 2 %

Vitamin C 1 % Iron 1 %

Instructions