STUFFED FRENCH TOAST SANDWICHES

Nutrition Facts Report
Source: Custom

Yield: 4 (1.000 item(s))
No. Ingredients: 7

Category: Basic Food
Manufacturer: (None)

Ingredients

4.000 oz. Cream Cheese
6.000 T. Jam or Preserves
1.000 T. Powdered Sugar, Sifted
8.000 sl. Cinnamon Raisin Swirl Bread
2.000 item Egg, Raw
0.250 c. Reduced Fat Milk, 2%
1.000 T. Butter

Nutrition Facts

Serving Size 1.00 item(s) (301g)

Amount Per Serving			
Calories	665	**Calories from Fat**	155
			% Daily Value
Total Fat	17.3g		27 %
Saturated Fat	8.6g		43 %
Trans Fat	0.0g		
Cholesterol	145.8mg		49 %
Sodium	185.2mg		8 %
Total Carbohydrate	114.4g		38 %
Dietary Fiber	10.0g		40 %
Sugars	31.4g		
Protein	18.8g		
Vitamin A	12 %	Calcium	12 %
Vitamin C	7 %	Iron	31 %

Instructions